

CERTIFICATE OF PARTICIPATION

This is to certify that

Tiana Bouwer

Has successfully participated & completed the
5km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 00:39:58

PACE 07:58/km
OVERALL 20 of 97

GENDER 9 of 66
OPEN 6 of 30

23 June 2019, Sun

Date



BoutTime

Signature

